

# Lunch & Learn

How to Protect Your Business from  
Cyber Threats Like Ransomware



 Ate Kro

# Scott Nelson

Founder & CEO of Atekro

Business owner/entrepreneur

30 years as a software engineer/architect

Built enterprise grade solutions that serve millions of customers

Deep desire to help others succeed

Intense curiosity for anything technology



# Thank You!

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CITY OF  
**ISSAQUAH**  
—  
W A S H I N G T O N



THE GREATER  
**ISSAQUAH**  
CHAMBER OF COMMERCE



# Agenda

- What is Ransomware
- True Cost of Ransomware (Business Impact)
- Ransomware Myths
- Building a Formidable Defense
- Individual Security Protection Components
- Compliance Regulations



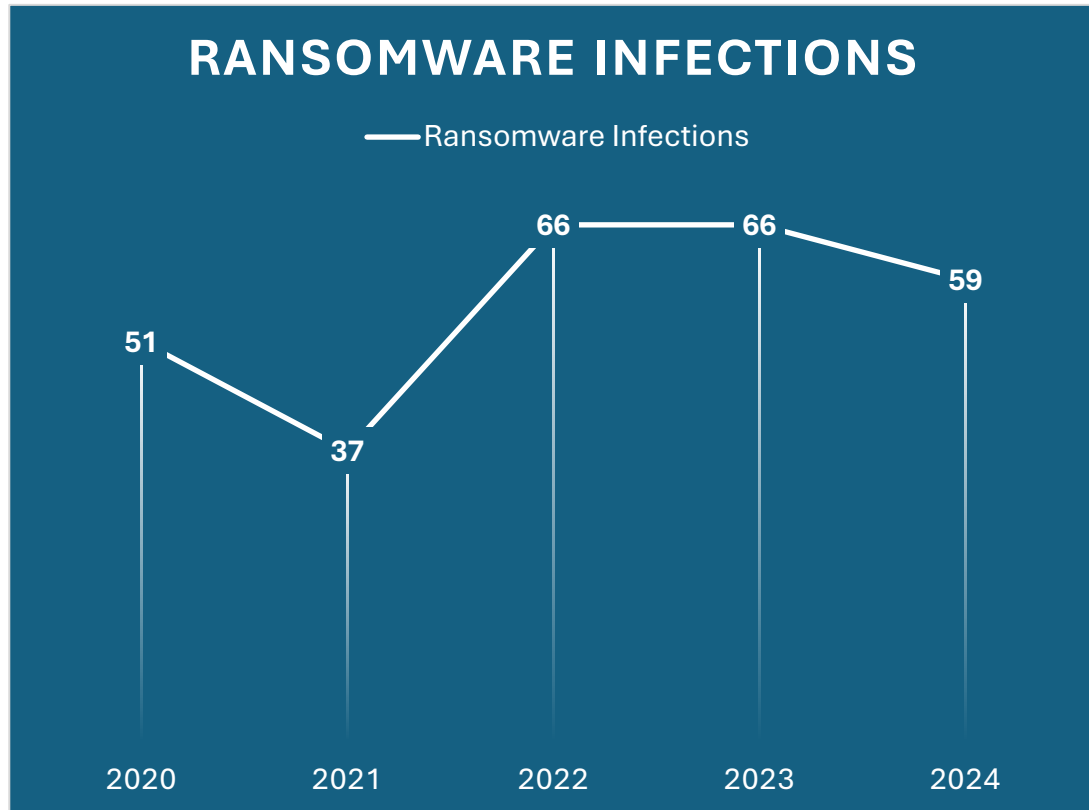
# What is Ransomware

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- A type of malicious software designed to block access to a computer system until a sum of money is paid.



# Ransomware Numbers (2024 Report)



**% of organizations hit by ransomware**

**Median**

• \$ 2,000,000

**Mean**

• \$ 4,321,880

**Average ransom demand**

**2021**

**\$1.85M**

**2022**

**\$1.4M**

**2023**

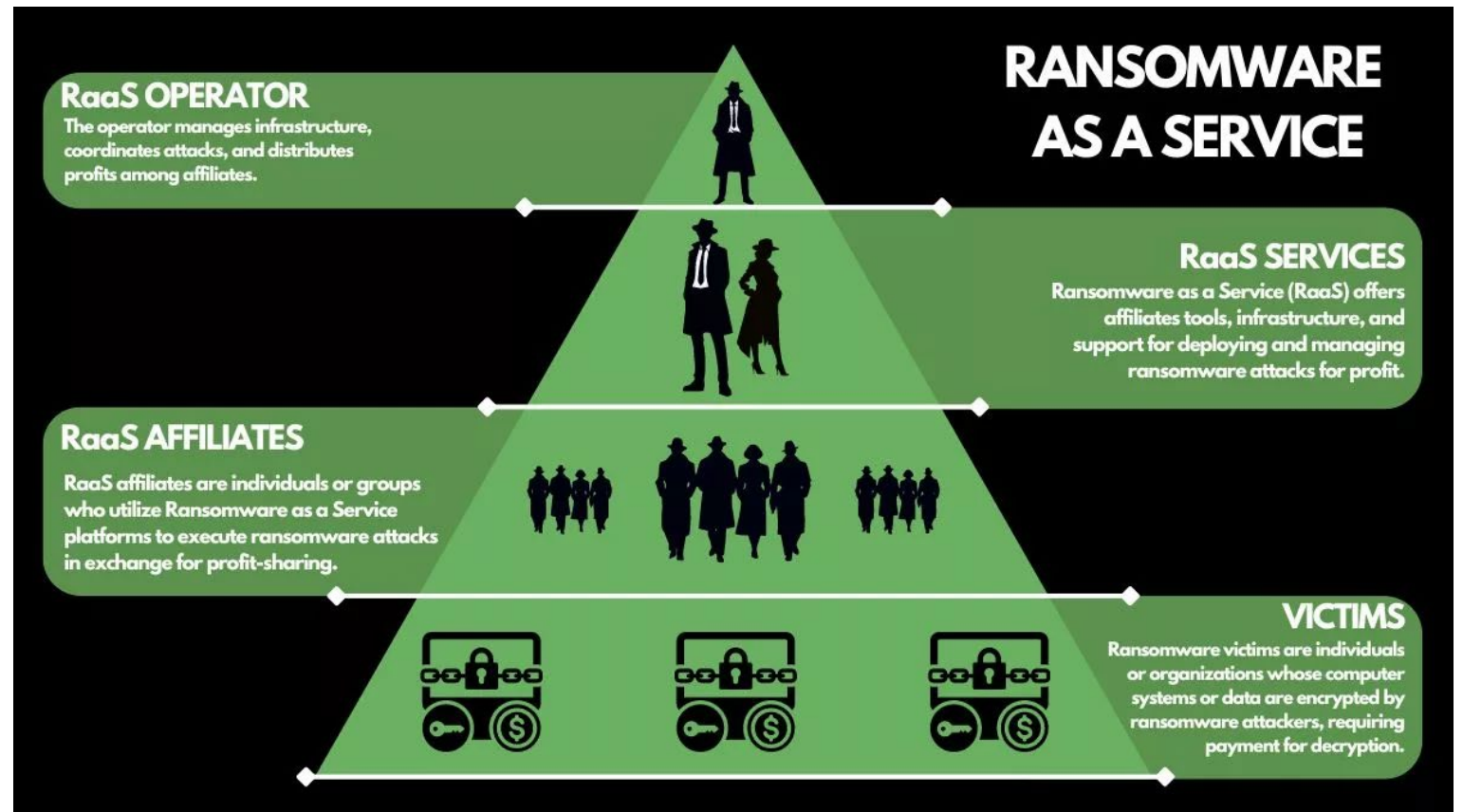
**\$1.82M**

**2024**

**\$2.73M**

**Recovery costs (mean)**

# Ransomware as a Service (RaaS)





# Business Impacts

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- The ransom
- Cost to recover
- Downtime
- Loss of revenue
- Loss of customer trust
- Legal fees and fine
- Sleepless nights & anxiety





# Ransomware Myth or Fact?

We are too small to be a target

**FALSE**

# Ransomware Myth or Fact?

I'll never get a virus or ransomware  
with the right anti-virus

**FALSE**

# Ransomware Myth or Fact?

Ransomware only comes from  
suspicious emails

**FALSE**



# Ransomware Myth or Fact?

Paying the Ransom will  
solve the problem

**FALSE**

# Ransomware Myth or Fact?

Backups make us ransomware-proof

**FALSE**

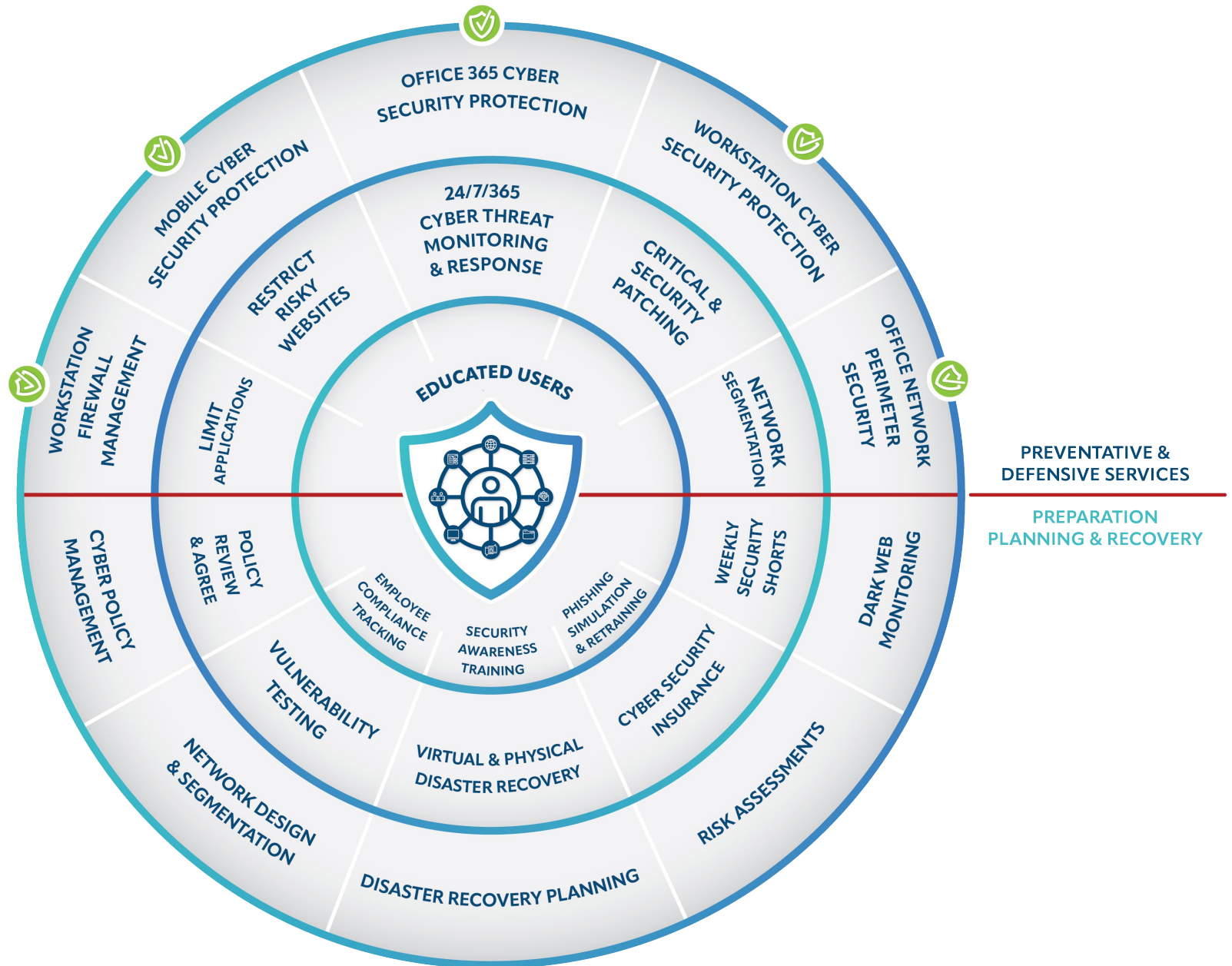


Protecting  
Your Business  
from  
Cyber Threats!



# Cyber Security Protection Strategy

- No one layer is 100%
- Multiple layers reduce the chance of infection
- Addresses multiple attack vectors





# Building a Formidable Cyber Defense Plan

- Perform a risk assessment
- Address all attack vectors
- Turn on MFA for everything
- Monitor and take quick action
- Exercise least privileged principles
- Segment your network
- Have a backup & recovery plan
- Educate your employees
- Purchase cyber security insurance



# Implement Email Security

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- Detect phishing emails
- Scan for infected attachments
- VIP impersonations
- Compromised links
- Implement SPF, DKIM, & DMARC protocols





# Protect all Computer and Mobile Devices

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- Deploy advanced an EDR/XDR Anti-Virus
- Not only scan files, but detect behavior using advanced AI/ML technology



# SOC Center Monitoring 24/7/365

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- Security Operation Center
- Cyber security human experts
- Most threat actors will attack during off hours and holidays
- Quick action is key



# Web Content Filtering

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- Restrict risky & unwanted websites
- Follow me filtering

Oops! Website blocked!

Page is blocked by a web filter. You can submit a request if you believe nothing



Submit a Request

# Patch Software & Hardware Frequently

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- Close vulnerabilities before malware can exploit it
- Ensure all devices are regularly patched
- Patch all critical & security vulnerability quickly





# Backup & Recovery

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- Have a plan!
- Utilize fast virtual recovery cloud services
- Good for any disaster, not just ransomware
- Have multiple copies of backups (local, cloud)
- Ensure all backups are immutable





# Least Privileged Principle (Zero Trust)

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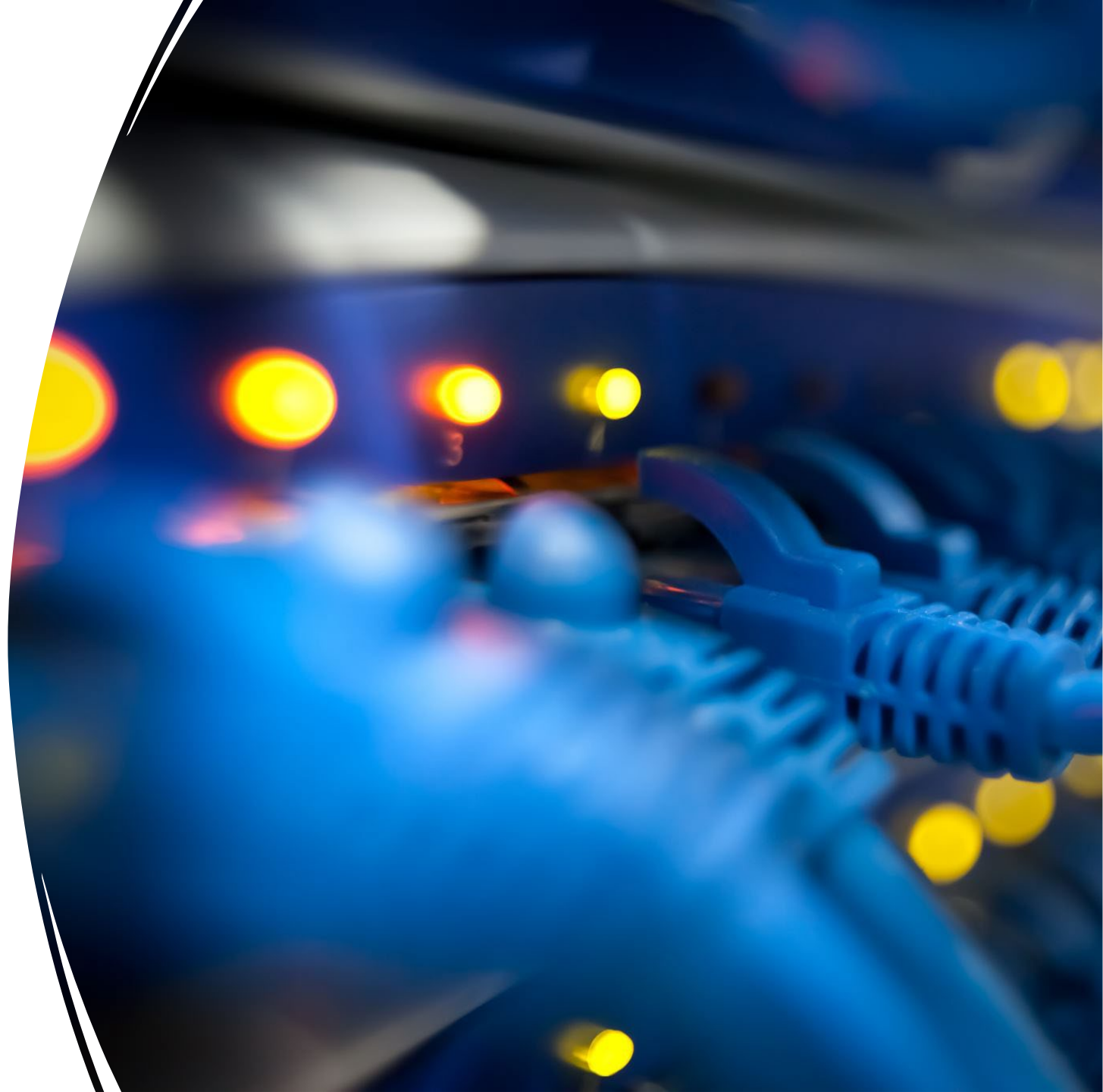
- Only allow enough access for employees to do their job
- Only allow required applications & block all others
- User should never have administrative rights on their workstations



# Protect your network

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- Segment your network
- Use Next-Gen Firewalls
- Do not allow unauthorized devices (zero trust)
- Use secure VPNs for access



# Educate Your Employees

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- Yearly security awareness training
- Review & acknowledge cyber policies
- Simulated phishing emails
- Regular security updates (weekly security shorts)



# Purchase Cyber Security Insurance

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- Covers recovery costs
- Has their own protection requirements







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## Others Best Practices

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- Culture of cyber threat awareness
- Monitor the dark web for breaches
- Perform PEN and/or vulnerability tests regularly
- Review your security plan at least once a year
- Perform a risk assessment at least once a year or when ever anything changes in your network



# Incident Response

## What to do if you get hit

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- Isolate infected system **immediately!**
- Do **NOT** pay the ransom
- Report to the appropriate person and/or authorities
- Begin restoration plan from backups
  - virtual recovery
  - physical recovery



# Compliance Regulations

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- Companies are NOT protecting their customers data
- Government regulatory are getting involved
- FTC Safeguarding Rule





# Questions?



# THANK YOU!



For more information,  
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